

Brisbane State High School 2022

A Parent's Guide to Learning from Home



Wade Haynes
Executive Principal
Brisbane State High School
2022



A Parent's Guide to Learning from Home

Contents

Section 1	Executive Principal's Message	Page 2
Section 2	State High School Philosophy	Page 3
Section 3	Learning at Home	Page 4
Section 4	Well-being and Connection for Students	Page 8
Section 5	Well-being and Connection for Parents	Page 9
Section 6	The Home Learning Environment	Page 10
Section 7	Our Blue-Red-Blue Family	Page 11
Section 8	Online Learning Agreements	Page 12
Section 9	Useful Links and Online Safety	Page 14

Section 1. Executive Principal's Message

Dear Parents,

I hope this email finds you well.

Brisbane State High School is well-prepared for Learning at Home. The health, emotional, social and academic well-being of our State High community remains our priority and I want to assure you that we will continue to support your family.

I would like to acknowledge my staff and thank them for their dedication and collaboration to ensure Best Practice during Learning at Home. The core iPad apps that we use in our classrooms, remain those that we will use during online learning. I would also like to acknowledge our parent community. Be assured that your role during Learning at Home, is not to replace your child's teachers, but rather to support the learning which will come from your child's teachers. While your children are learning at home, they will thrive on continuing their routines, discussing and organising their learning with you, and connecting and engaging in family fun.

The following pages contain information to assist you and your family. Please take the time to read through this document and keep for your reference.

May I direct you to [BSHS StudentNet](#) which provides all the information our students need to connect and belong. Please ensure your child has downloaded the Sharepoint app onto their iPad and that they check StudentNet at least once a day for daily notices, important messages and subject learning. StudentNet houses Student Daily Notices, Year Level Pages, Assessment and Calendar Schedules, Library and IT Links. Ask your child to show you their Year Level Assessment Calendar on [StudentNet](#), or visit our [school website](#) for the calendars.

The [Department of Education](#) and [QCAA](#) provide regular schooling updates and responses to frequently asked questions for parents and guardians. I encourage you to follow both on social media platforms to receive updates related to secondary schooling.

At State High, our vision is that schooling is a happy and inspiring experience. Your child is an important member of the **Blue-Red-Blue** Family and our school website outlines strategies to enhance [student well-being](#).

State High also subscribes to [SchoolTV for parents and guardians](#). This world-first, well-being platform includes fact sheets, suggested books, apps, websites and much more. SchoolTV is an independent platform that uses up-to-date content from Australian organisations such as Headspace, Beyond Blue and Reach Out. It is designed to empower, connect and inform with credible and sound information as well as provide realistic, practical and ongoing support strategies for parents and guardians. I encourage you to spend some time having a look.

Best wishes to you and your family.

Kind regards,



Wade Haynes
Executive Principal



Section 2. School Philosophy

BRISBANE STATE HIGH SCHOOL

Philosophy



Our Motto

Scientia est Potestas

Knowledge is Power

We believe that the pursuit of knowledge equips and enables our students to make a powerful difference in the world.

Our Values



Learning
We love knowledge, learning and curiosity.

Excellence
We strive for world class standards and personal bests.





Respect
We earn respect for our integrity, humility and altruism.

Public Education
We celebrate diversity as well as the things that bind us together.



Our Vision

Schooling at State High is a happy and inspiring experience—a time and a place where every young person develops intellectually, personally and socially. Every student experiences rigorous learning, significant personal growth and the spirit that comes from belonging to something bigger than themselves.

Our Purpose

As a learning community, we are committed to developing young people to achieve their potential intellectually, personally and socially.

Intellectually, as:

- life-long, curious learners and
- independent, creative thinkers.



Personally, as:

- resilient, balanced individuals and
- confident, principled communicators.



Socially, as:

- active, caring citizens and
- enthusiastic, contributing team members.


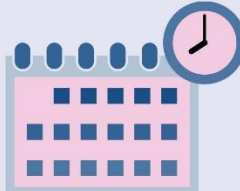

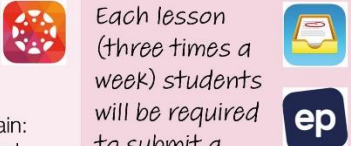




Section 3. Learning at Home

At State High, we are well prepared for Learning at Home. [Our suite of core learning apps](#), including our [BSHS StudentNet](#) Sharepoint platform, builds creative lesson content and strong collaborative practices.

Learning at Home BSHS Parent Plan

Learning at Home Ways of Working

Weekly overview	 <p>At the start of the week each teacher will e-mail a weekly overview with links to the subject course.</p> <p>These learning overviews are also located on StudentNet in the 'Learning at Home' tab. Students should read their emails, follow the links to the overviews and design a plan to complete their weekly learning.</p>	<p>Students should aim to keep to their daily timetable and complete their four lessons per day.</p> 	
Daily access to support learning	 <p>Daily attendance & check-in by 9:30am</p>	<p>Each subject will have a Canvas course.</p> <p>These courses contain:</p> <ul style="list-style-type: none"> • Learning goals and success criteria • Lesson materials • Links to other core learning apps. <p>Teachers monitor when students log into the courses and engage with assigned tasks.</p>	<p>Each lesson (three times a week) students will be required to submit a <i>Checking for Understanding</i> task to their subject teacher.</p>  <p>Teachers will:</p> <ul style="list-style-type: none"> • Monitor submission • Review work • Provide feedback.
Communicating	<p>Teachers may:</p>  <p>Use Webex to communicate with students in a range of formats that support learning. This may be for individual conferencing or group teaching.</p> <p>Student Webex requirements:</p> <p>During Webex, students wear the State High uniform/sports uniform and select a BSHS virtual background.</p>		

Learning at Home Success Starts With....

Culture of Open Communication

The academic, social and emotional well-being of our students and our State High family is paramount. We are eager to build a positive and productive online experience for our students and are here to help.

Your child's teachers will send an email and provide the links and information for locating your child's learning and lesson requirements. The lesson outlines will be found on StudentNet.

If your child experiences difficulties during Learning at Home, please ensure they contact their relevant teacher. Our culture of open communication and working together continues to drive our learning.



BSHS StudentNet

Through [BSHS StudentNet](#), our students are just one click away from all the information they need to know!

During Learning at Home, students will access their learning and lesson requirements via StudentNet. Please ensure your child has downloaded the Sharepoint app onto their iPad and that they check StudentNet at least once a day for daily notices and important messages.

StudentNet already houses Student Daily Notices, Year Level Pages, Assessment and Calendar Schedules, Library and IT Links. And, StudentNet will be the place for your child's Learning at Home requirements.

If you would like to know more about your child's assessment and learning calendar timelines, ask your child to show you their Year Level Assessment Calendar on [StudentNet](#), or visit our [school website](#).

StudentNet



Daily Check-In and Attendance

It is a requirement that all students complete and respond **each day** to the **Attendance Check-In Survey**, found on StudentNet. This is your child's roll marking process and provides for staff an opportunity to check-in with your child's learning and well-being.

Thank you for working in partnership with our staff and asking your child to complete and respond to this important survey each morning by 9:30am. Your child is a valued student in our State High Family and we are committed to their learning continuity and well-being.



BSHS IT Help Desk

If your child experiences online difficulties with connections, apps or passwords during this period of Learning at Home, please ensure they email the IT Help Desk: itsupport@brisbaneshs.eq.edu.au



Valuing Learning and Well-being

Throughout each day, it is imperative to drink lots of water, have breaks scheduled, exercise, spend time outside, connect with family and friends, relax and laugh. Our teachers will post on StudentNet great activities to ensure everyone remains active, happy and healthy.



What will my child learn and need each day?

How will my child know what to do and at what time?

Each week, your child has three lessons for each subject and one lesson for ARC. Your child should aim to engage with their regular four lessons each day as per their BSHS timetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	4	6	3	5
2	5	ARC	2	4
3	6	4	1	3
	1	5	6	2

Students will check StudentNet each day for:

Attendance Check-In Survey - It is a requirement that all students complete and respond by 9:30am *each day*, the *Attendance Check-In Survey*.

Learning & Notices – Students will access StudentNet for daily notices, lesson and learning requirements, messages on their year level pages and all assessment and learning calendar updates.







Students will check their school email each morning and respond to their teachers if required to ensure learning continuity and progress.

Your child’s teachers will send a weekly overview via email and provide the information links for locating the learning and lesson requirements your child will complete. The lessons can easily be found on StudentNet.

When the best time is for your child to complete each subject’s learning will be determined by your family circumstances. However, we recommend your child keeping to their timetable as much as possible.



<p>Students will upload homework and draft assignments through Showbie. Teachers will connect and respond through this app and other online platforms to provide feedback and support to facilitate student learning.</p>	
<p>Students have their learning materials, content and all required resources for each subject they are studying in Canvas. Email your child's teacher if you require any assistance accessing the materials.</p>	
<p>The OMX eBook Reader provides students with access to digital textbooks and novels.</p>	
<p>Webex allows for virtual collaboration and connection. Staff can schedule individual calls, group meetings and lesson workshops depending on your child's needs and requirements.</p> <p>Your child will know when to connect with their teachers via Webex as an email with the required link will be sent. When students are learning in Webex, they will wear their State High uniform or sports uniform.</p> <p>Students must select a BSHS virtual background. These approved images can be found on StudentNet.</p>	

Section 4. Well-being and Connection for Students

Student Daily Routine



Follow my regular class schedule on school days

Before my day of learning

Switch devices to do not disturb

Organise learning space

Check emails and StudentNet

Check my calendar for scheduled meetings and activities

Focus my mindset - I am ready!

During each class

Communicate respectfully and with integrity

Engage with WALT/WILF/TIB and all learning experiences

Submit evidence of my progress in Showbie

Wear my uniform with pride

After my day of learning

Review the WALT/WILF/TIB for each lesson

Check that you achieved the learning intentions for each lesson

Schedule opportunities for retrieval and spaced practice

Preview next day by pre-reading and checking resources

Gratitude

WHAT IS SOMETHING I AM GRATEFUL FOR?

Kindness

WHAT IS MY ACT OF KINDNESS TODAY?

Mindfulness

WHAT IS MY MINDFULNESS ACTIVITY?

Joy

DO SOMETHING THAT BRINGS YOU JOY



EACH DAY I



Connect

with family, friends, peers and teachers



Reach out

for support if needed



Read

for 20 minutes



Take breaks

from my devices



Move

for 30 minutes



Eat & Drink

for a healthy body and mind



Seek

fresh air and natural light



Prepare

for the next day with a quality sleep routine

Section 5. Well-being and Connection for Parents

During this period of Learning at Home, our goal is to support you and your child to remain connected to their learning and their school community. Our focus on developing well-rounded students continues and acknowledge the critical role parents and guardians play in contributing to their child's education and success.

One of the great strengths of our school is the partnerships we develop. State High have been fortunate for a number of years to collaborate with [Dr Andrew Martin, Educational Psychologist, Australia](#). Dr Andrew Martin is a leading educational psychologist specialising in student motivation, engagement and achievement, as well as gifted and talented, disengagement, educational buoyancy and adaptability, pedagogy, parenting, and teacher-student relationships.

We invite you to read the '[In Conversation](#)' Interview Series with Dr Martin, which highlight a range of insights to help support your child's learning.





While your children are learning at home, you may find that providing a boost in **confidence**, assistance with **coordinating** the priorities of their day, encouragement to **commit** to their learning, scheduling breaks to regain **composure**, and assisting your child to accept what they can **control** helpful ideas to maintain a sense of well-being. By bringing these 5Cs to mind and using them as sentence stems, while your family are learning and working at home, we can enhance students' self-belief, control, and persistence.

The 5 Cs from Dr Andrew Martin	
Suggested Questions for Parents	
Confidence	<i>What did you learn today that you are confident to explain to me?</i>
Coordination	<i>Tell me about tomorrow. What do you plan to achieve? How are you planning for success?</i>
Commitment	<i>Was there anything that you learned or studied today, that you would like to follow up with tomorrow in an email to your teacher?</i>
Composure	<i>What activity, exercise or mindful app have you found calms and redirects you to learning and happiness?</i>
Control	<i>What did you control today? What will be in your control tomorrow?</i>

Martin, A.J. (2019). *The Motivation and Engagement Workbook* (19th Edition). Sydney, Australia: Lifelong Achievement Group (www.lifelongachievement.com).

Section 6. The Home Learning Environment

While your child is Learning at Home, having their own space to focus and engage with their online learning will be beneficial. We understand that finding space for everyone can be difficult with other family members also learning and working from home. A great learning space for children would be quiet and free from distractions, but we recommend **not in the bedroom and not cut off from the rest of the family**. Spend some time checking your child's desk chair offers the correct backrest support.

<p>Maintain Routines</p> <p>Your child should continue with their morning routine and be ready to begin learning each weekday at 9:00am. Your child will complete the Attendance Check-In Survey and check StudentNet for their Learning at Home requirements.</p>	
<p>Respectful Learning Behaviours</p> <p>Your child should be respectful and digitally aware while they are online. Assist your child to talk and email their teachers with respect, as they would at school. Children should be aware of what can be seen in the background of their screens when using collaborative learning platforms.</p>	
<p>Internet Filtering</p> <p>While the students are using the internet at school, State High, like all Queensland state schools, has a web filtering system that ensures websites and web applications are blocked if they are inappropriate. While your child is Learning at Home, these filters are not in effect. There are a number of Cyber Safety resources for parents and caregivers to help support their child's online experiences in Section 9 of this document. You play an important role in helping your children have safe and positive experiences online. Please be vigilant and keep an eye on what your child is doing.</p>	
<p>Apple Support</p> <p>Do you know these Apple apps and settings? They are great tips for us all. Family Sharing makes it easy for you and up to five family members to share Apple Books, App Store purchases, an Apple Music family plan, and an iCloud storage plan. With Do Not Disturb, you can silence calls, alerts, and notifications to increase your learning focus. Screen Time lets you know how much time you and your children spend on apps, websites, and more. This way, you can make more informed decisions about how you use your devices and set limits if you'd like to.</p>	

Section 7. Our Blue-Red-Blue Family

Our culture of open communication and working together continues to drive our learning.

If your child experiences difficulties with Learning at Home, please ensure they contact their relevant classroom teacher. [A full list of staff contact details is available on the school's website.](#)

If, however, your child is experiencing ongoing and specific concerns with learning across a number of subject areas, please contact your child's relevant Head of Year.

Position	Name	Email
Head of Year 7	Ms Gabrielle Gilmore	ggilm0@eq.edu.au
Head of Year 8	Ms Rebecca Johnson	rbrow240@eq.edu.au
Head of Year 9	Mr Graeme Harding	ghard19@eq.edu.au
Head of Year 10	Ms Hana Bermingham	hkuch1@eq.edu.au
Head of Year 11	Ms Alexandra Burns	avbur0@eq.edu.au
Head of Year 12	Ms Lucy Jordan	lxjor0@eq.edu.au
Deputy Principal – Year 7&8	Mr Jamie Hunt	jhunt318@eq.edu.au
Deputy Principal – Year 9&10	Mr Matthew Thornton	mitho4@eq.edu.au
Deputy Principal – Year 11&12	Ms Maria Williamson	mwill69@eq.edu.au
Deputy Principal - Culture and Engagement	Ms Rachel Hobson	rhobs12@eq.edu.au

On the home page of the school's website – www.statehigh.com.au – the 'Latest News' section contains important information and messages. The school's event calendar is available on our website – [Events calendar \(eq.edu.au\)](http://Events%20calendar%20(eq.edu.au)) – and is updated frequently to ensure the most current information is available.

The school communicates news through the following social media accounts:

- Facebook: www.facebook.com/BrisbaneStateHighSchool
- Instagram: www.instagram.com/brisbanestatehigh
- Twitter: www.twitter.com/brisbaneshs
- YouTube: www.youtube.com/channel/UC4vA3rZAxoQTpmfUwQqauVQ

Updating Student/Parent Contact Details

School communication to parents/guardians is generally sent via email or SMS. It is important that the school can contact parents and guardians. Please email student_records@brisbaneshs.eq.edu.au to advise of any change to student or parent/guardian personal details (including email, mailing address, home phone, mobile or emergency contact details). The email should state the student's name, Year Level and ID number (as it appears on their Student ID Card).

Section 8. Online Learning Agreements

Online Learning

Parent agreement



State High is well prepared for teaching and learning at home. We will work together with you and your child to ensure their learning continues in a supportive online environment.

Thank you for your ongoing support. We encourage you to keep engaging with your Blue-Red-Blue family.

These steps will help with online learning:



Provide an environment conducive to learning.

Check that your child is accessing StudentNet for daily learning.



Engage in conversations about what your child is learning and encourage them to keep to their regular class schedule.



Monitor screen time and talk to your child about responsible online behaviours.



Keep a balance providing time for reflection, physical activity, conversation, and play.



Support teachers by monitoring your child's progress.

Communicate with teachers via e-mail if you have any concerns about your child's learning.



Engage in respectful communication with our school staff.

Encourage your child to read daily. We know this is beneficial for their learning and helps to develop well-rounded young people.

Our main platforms for online learning are:



Showbie



OfficeMax
eBooks



EQ E-mail

StudentNet

School intranet

Online Learning

Student agreement



Together with your teachers, parents and friends, we will build a successful online learning community. Your parents and teachers will help and encourage you to stay motivated and engaged in your learning even though you are not physically at school each day.

It is important when things are changing to look after yourself and others. It is also important to maintain routines and stay connected. Keep engaging with your online learning and support yourself, each other and your Blue-Red-Blue family.

These steps will help with online learning:



Identify a comfortable space to learn.

Follow your regular class schedule on school days. Keep a productive learning routine.



Check your e-mails and StudentNet every day to keep in contact with your teachers and the BSHS community.



Take ownership of your learning. Review the WALT/WILF/TIB for each lesson and reflect on what you have learnt at the end of each lesson.

Complete the reflection and checking for understanding activities included in every lesson. These activities will help your teacher monitor your progress.



Engage in all learning posted with academic honesty.



Remember respectful communication conventions should be used at all times, either on the iPad or when using other communication methods.



Communicate with teachers and peers using EQ e-mail, Showbie and StudentNet. Stay connected and ask for help if you need.

Take the opportunity to read a book!

Our main platforms for online learning are:



Showbie



OfficeMax
eBooks



EQ E-mail

StudentNet

School intranet

Section 9. Useful Links and Online Safety

During this period of Learning at Home, we encourage you to place a particular emphasis on ensuring your children are safe online. The academic, social and emotional well-being of our students is paramount.

Mental Health and Well-being

[Beyond Blue](#)

[Kids Helpline](#)

[Queensland Health Mental Wellbeing](#)

[Reach Out](#)

Cyber Safety

[Australian Government eSafety Commissioner](#) Hints and tips on privacy settings and protections as well as [Global COVID-19 Advice Booklet for Parents and Carers](#)

[School TV Cyber Safety Series](#) Topics include cyberbullying, digital reputation, internet addiction

[THINK U KNOW](#) Program for children, parents and teachers, established by Australia Federal Police

Parenting and Learning

[Apple Support](#)

[Australian Government – The Australian Parenting Website](#)

[Australian Government – Learning Potential](#)

[Random Acts of Kindness](#)

Department of Education

[Department of Education Supporting Student Health and Wellbeing](#)

[Department of Education News and Media – Coronavirus \(COVID-19\)](#)

Queensland Curriculum and Assessment Authority

[Queensland Government - QCAA](#)

Queensland Government

[Queensland Government – Health Alerts – Coronavirus \(COVID-19\)](#)

[Queensland Government Health Alerts](#)