

# Sun Safety Policy



Our sun safety strategy considers the following:

- Provision of effective educational programs on sun safety and preventive measures;
- Maximisation of the use of available shade for outdoor activities;
- Provision of flexible planning of activities to reduce, as far as practicable, time spent by students in the sun between 10:00am and 2:00pm;
- Inclusion of shade tree planting and caring programs in grounds development;
- Consideration of sun protection when determining or reviewing school uniform designs;
- Encouragement for the wearing of swim shirts during all water-based activities in all state schools;
- Provision of SPF 30+ broad spectrum water-based sunscreen for students to use on uncovered areas of the skin, such as the face and the back of the hands, for all outdoor activities;
- Consideration of sun protection in relation to Parents and Citizens Association projects and activities; and
- Promotion of the importance of parents, teachers, ancillary staff and voluntary helpers as role models for students in relation to sun protection strategies.

The implementation of an effective sun safety strategy depends on the joint efforts of school, students, parents and P&C Association. Each has an interest, expertise and a responsibility in specific sections of the list.

**Parents** play a significant role in sun safety through developing the correct attitude in their children, ensuring their children take sun safety precautions and modelling good practice.

The **P&C Association** plays a significant role through working with the school to establish a sun-safe environment, supporting the provision of sunscreen through the canteens, working with the school to develop sun-safe uniforms.

**Teachers** play a significant role by reinforcing sun safety precautions, e.g. wearing of hats, appropriate time and place of activities and provision of sunscreen where appropriate.

The **school** plays a significant role in developing expectations regarding the wearing of appropriate uniform items, ensuring that sunscreen is provided, timing activities where possible to reinforce sun safety considerations and working with the P&C Association to develop a sun safe school environment.

**Students** play a significant role by realising that sun safety is serious, by making sure that they develop sun safe habits and practices through wearing sunscreen, and sun protective clothing and keeping out of direct sun where possible.

The school takes specific actions to play its part in sun safety. These include:

- It is compulsory for students to wear a school hat when outside. The broad brimmed sports hat is mandatory for HPE outdoor lessons and play on the oval during lunch breaks. Students should wear a school hat when travelling to and from school and during lunch breaks for sun safety;
- Introducing a “no hat – no play” practice for students using the oval, tennis courts and basketball courts during recess;
- Providing bulk sunscreen for students taking Health and Physical Education lessons. This sunscreen is available from HPE teachers;
- Encouraging students to refresh their sunscreen from the bulk containers located at the canteens;
- Regularly reminding students of the importance of sun safe practices.