

Canteen Pre-order Menu

Term 1, 2017

Please place and pay for your order at canteen you will be collecting from by 9.00am each morning. Your order will be ready to collect at lunchtime that day. Please pay for your order with your student ID card at the canteen counter prior to placing your order. If you wish to order for a whole week, please put your orders for the week in by 9 am on the Monday at the start of the week. Special requests – dietary or other, please discuss with canteen manager: E block canteen on **3291 4135**, I Block canteen on **3291 4167** or write instructions on order form. Substitutions may occur due to unavailability.

Name: _____

Grade: _____

Qty	Item	Price	Notes – Type/flavour
	Banana Bread	\$2.30	
	Muffins – apple & cinnamon, blueberry, or orange poppyseed	\$2.70	Please circle flavour
	Toasted Sandwiches – chicken & cheese/ham & cheese/cheese & tom (v)	\$3.20	Please circle choice
	Greek Yoghurt –mango, passionfruit	\$3.30	Please circle flavour
	Greek Yoghurt with berries & muesli	\$3.60	
	Fresh Fruit Salad	\$3.20	
	Fresh Rolls	\$5.00	
	Ham and Salad w/Aioli		
	Cheese and Salad with Hommus (V)		
	Specialty Rolls	\$5.20	
	Turkey, cranberry sauce , lett, tom (Bagel style roll)		
	Shredded Chicken w/ sweet chilli mayo & viet slaw (H)		
	Wraps	\$4.70	
	Falafel and Salad (V)		
	Sandwich Packs – all on w'meal	\$4.30	
	Chicken, sun-dried tom, avocado and lettuce (H)		
	Turkey, cranberry & philly lite cheese spread		
	Egg and Lettuce (V)		
	Hot Food		
	Toasted Sandwiches – Chicken & Cheese(H), Ham & Cheese, Cheese & Tom (V)	\$3.20	Please circle choice
	Bacon and Egg muffin	\$3.50	Available Breakfast & Lunch
	Hot Dog	\$3.60	
	Hot Dog with cheese	\$3.90	
	Hot & Spicy Chicken sub	\$3.90	
	Spring Rolls (3)	\$3.00	
	Dumplings Pork and Chive (6)	\$3.00	
	Pizza Focaccia (ham,cheese,pineapple, red caps&olives)	\$5.00	
	Toasted Chicken Focaccia (H)	\$5.00	Chicken, mayo, bbq sauce & cheese
	Toasted Turkish Roll Mediterranean (V) - (Eggplant, semi-dried toms, roasted capsicum, red onion, feta & grated cheese), Chicken, Cheese and Guacamole (H)	\$5.00	Please circle choice
	Daily Lunch Specials		
	Mon		
	Spaghetti Bolognaise	\$5.30	

Fried Rice with Spring Rolls (V)	\$5.30	
Chicken/Bacon Caesar Burger	\$5.50	
Chicken Noodles & Vegies (sml)	\$3.60	I Block only
Tues		
Beef Taco Tortilla	\$5.00	
Chicken Hokkien Noodles with vegies stir-fry	\$5.30	
Vegetarian Pasta – pesto, capsicum, tom (V)	\$5.30	
Wed		
Beef burger with cheese (H)	\$5.50	
Vegetarian burger with cheese (V)	\$5.50	
Pizza – Ham & Pineapple, BBQ Chicken, Veg Supreme (V)	\$3.60	Please circle choice
Dahl with special rice (sml)	\$3.60	
Thurs		
Fish, wedges, coleslaw	\$5.30	
Beef Lasagne	\$5.30	
Spinach and Feta pasta (V)	\$5.30	
Fri		
Beef burger with cheese (H)	\$5.50	
Vegie Burger with cheese (V)	\$5.50	
Butter Chicken & rice	\$5.30	
Vegetable Lasagne (V)	\$5.30	
Salads – lge	\$4.80	
Caesar – lettuce, egg, parm,cROUTONS,dressing		
Greek (V)		
Roasted Vegetable Salad (V)		
Pasta Salad- Sweet chilli chicken & veg (sml)	\$3.60	E BLOCK ONLY
Sushi rolls (1/pack) MON/WED/FRI ONLY	\$3.00	
Tuna Mayo, Teriyaki Chicken, Chicken honey soy		Please circle choice
Brown rice sushi pack (6 pc)	\$5.00	
Rice paper rolls (1pc) TUE/THU ONLY	\$3.30	
Chicken teriyaki, Salmon & Avo, Vegetarian-carrot		Please circle choice
SNACKS		
Red Rock chips – Honey Soy/Plain	\$1.20	Please circle choice
Vegie Chips	\$1.20	
Fava Beans (GF)	\$1.20	
Grain Waves	\$1.20	
Snaps (GF)	\$1.20	
Drinks		
Water (600ml)	\$2.00	
Water (1.5L)	\$3.00	
Juice (sml- 350ml) (Berri – Apple, Apple & Blackcurrant, Orange or Apple/Mango/Banana	\$3.00	Please circle choice
Flavoured Milk 300 ml– Choc, Straw, Coffee, Vanilla	\$2.20	Please circle choice
Flavoured Milk 600ml – Choc, Straw, Coffee, Vanilla	\$3.30	Please circle choice
Plain milk 600ml	\$1.60	
Up and Go (Sanitarium) – Choc, Straw, Vanilla	\$2.50	Please circle choice
Vivaloe Peach	\$3.50	
Krazy Lemon	\$2.00	
Lipton Ice Tea	\$3.80	Flavour:
Emma & Toms- Smoothies or Juice	\$3.50	Flavour:
TOTAL	\$	