



Year 7, 2026 Orientation Day Parent Information Session

Tuesday 2 December 2025

Welcome

Acknowledgement of Country



The Landscape of Learning

The Landscape of Learning embodied design combines oceans, rivers, land and ecology to symbolise the interconnected systems that represent the department and the complexity of the work that we do.

The river reflects the different ways in which learners experience the education journey. The northern bank represents the systems, steps and milestones within education. A tree emerges with roots that extend downwards representing the ancient wisdom and knowledge from elders, teachers and the land itself.

The southern bank shows the relationship between students and staff and knowledge sharing. The learning journey then flows out into the vast fields of further education and beyond.

Acknowledging the Torres Strait Islands and ocean peoples, five shapes represent the distinct language and cultural groups of the region.

The Landscape of Learning is a custom embodied design for the Queensland Department of Education and was produced in collaboration through a co-design process with Iscariot Media (IM) in 2022.



Queensland
Government

Program

Welcome

Year 7 is an exciting time!

Supporting our students

Parents as Partners

iPads – Setting up for Success

Staff

Ms Rebecca Nicholas

Associate Principal

Mrs Rachel Hobson

Deputy Principal: Culture and Engagement





Assistant Executive Principal

Ms Rebecca Nicholas

Welcome to the State High family...



Student Experience

Meet ARC classmates and teachers

Meet one of their Core Teachers

Meet the Student Leaders

Learn School War Cry

Yes, It is exciting!

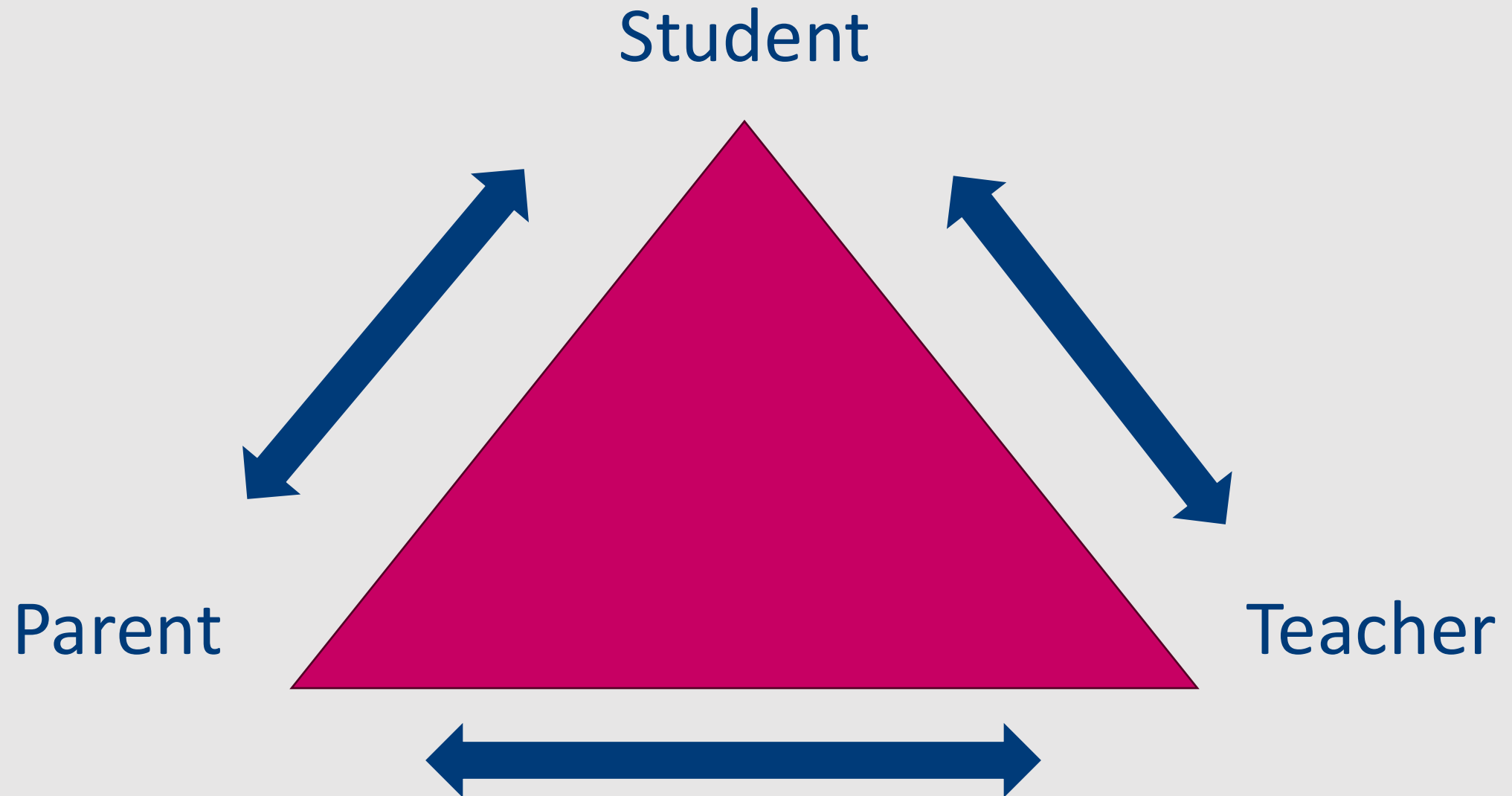
But it's also okay to be a little nervous....

- Parent Information night early in Term 1
- Open lines of communication- if you have concerns let us know.



Deputy Principal: Culture and Engagement

Mrs Rachel Hobson



Embracing change and new beginnings

- change is a natural part of growing up
- adjust to new routines
- navigate unfamiliar environments
- develop emotional flexibility
- normalise uncertainty and encourage open conversations

Encouragement - Reassurance - Structure.

Staying Connected

Communication is key – talk about your day

Learn your child's timetable and teacher names

Connect with school activities

Encourage a teen-friendly home

Time Management and Routines

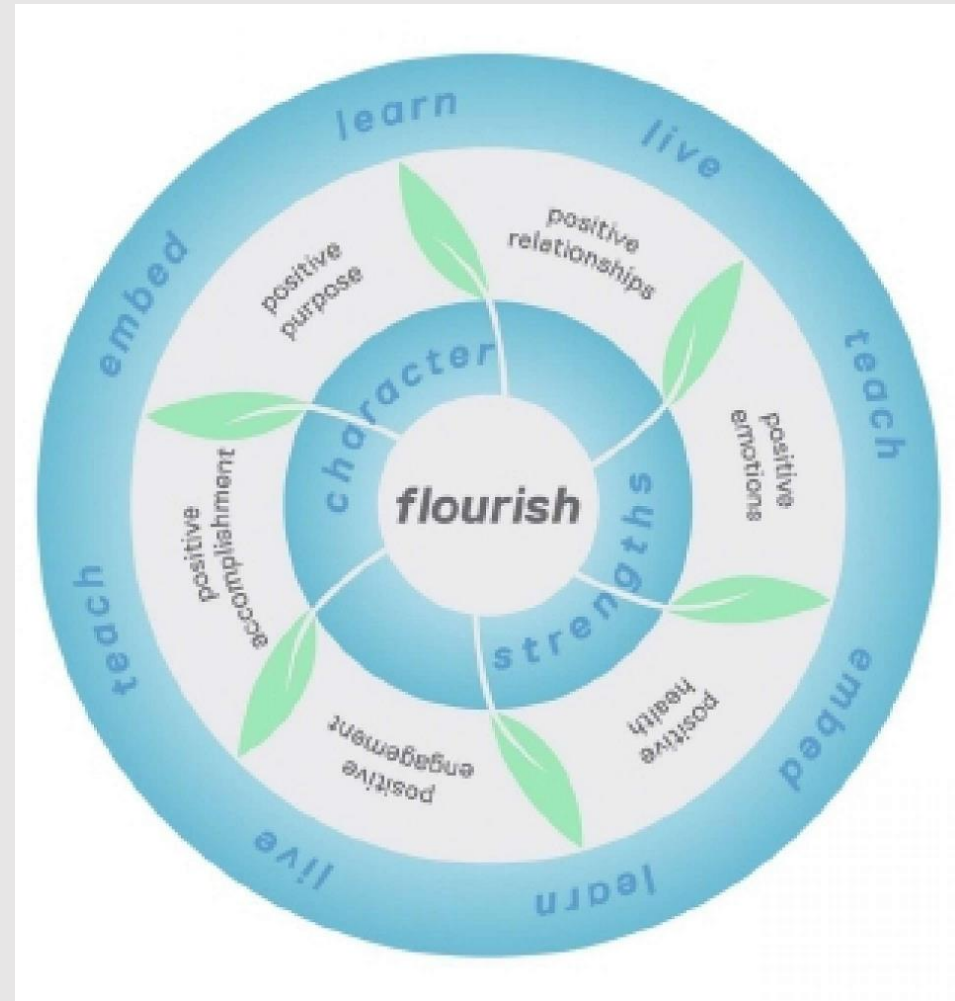
- A life skill that your child will need ongoing guidance
- Help your child write a schedule
- Model best practice
- Find a time management tool that suits your child best
- Encourage healthy routine habits
- Include your child's goals in their weekly schedule

Sleep

- Encourage natural light in the morning
- Keep to the same sleep and wake times
- Turn off screens 30 mins before bed
- Remove devices from bedrooms during sleep time
- Encourage health routine habits

PERMAH

- Positive Emotions
- Engagement
- Relationships
- Meaning
- Accomplishments
- Health



Support and resources

- > [Forms and documents](#)
- > [Student resources](#)
- > [Parent resources](#)

▼ [Student services and support programs](#)

- [GPs in Schools Pilot](#)
- [Guidance Officers](#)
- [Learning and enrichment](#)
- [School-based Police Officer](#)
- [School-based Youth Health Nurse](#)
- [Youth Support Coordinator](#)

Student services and support programs



GPs in Schools Pilot

Brisbane State High School is pleased to be participating in the GPs in Schools Pilot Program.



Guidance Officers

Support for students about academic, personal, or career issues.



Learning and enrichment

Supporting students who have additional education needs.



School-based Police Officer

Crime prevention and safety for the school community.



School-based Youth Health Nurse

The Youth Health Nurse promotes health and wellbeing for the school community.



Youth Support Coordinator

Provides confidential service to young people who are at risk or disengaging from education.

BRISBANE
STATE
HIGH
SCHOOL



[Home](#) [Site Map](#) [Contact us](#)



[Our school](#) [Enrolments](#) [Curriculum](#) [Extra-curricular](#) [Facilities](#) [Calendar and news](#) [Our community](#) [Support and resources](#)

[Home](#) / [Support and resources](#) / [Student services and support programs](#) / [GPs in Schools Pilot](#)

Student services and support programs

GPs in Schools Pilot

Guidance Officers

Learning and enrichment

School-based Police Officer

School-based Youth Health Nurse

School Chaplain

GPs in Schools Pilot

Helping students access the health care they need

We are very pleased to announce that Brisbane State High School has been selected to participate in the *GPs in Schools Pilot*.

The Pilot is part of the Queensland Government's Student Well-being Package. The initiative is designed to make it easier for adolescents in Queensland schools to access the healthcare they need.

The Pilot will allow our school to set up a fit-for-purpose GP clinic on school grounds. This clinic will provide students with access to a GP one day each week, during school terms.

What services will the GP provide?

Our school GP clinic will offer secondary students the majority of services that young people are able to access from GPs in the community, including management of physical health, mental health, and sexual and reproductive health issues. The school GP clinic is not a vaccination centre.

Appointments to see the school GP can be made by: students (and/or their parent) either in person by visiting the Student Services Centre (B Block) student counter or by telephoning 3291 4104.

SchoolTV



*'Today parents face a multitude of modern-day challenges in raising happy, well and resilient young people. Whilst there is a great deal of information available, this can often be confusing and overwhelming for parents looking for guidance',
(SchoolTV, 2021)*

- ☐ Sleep
- ☐ Diet and Nutrition
- ☐ Positive Parenting
- ☐ School Transitions
- ☐ Exam Jitters

"The wellbeing of today's youth has never been more challenging."
Dr Michael Car-Gregg

LIBRARY ARCHIVE

All SchoolTV topics are divided into series. The number of topics relating to a series will differ and over time new topics will be added. Every month from February to November, a new topic is published for you to review. Take the time to explore each series and topic and make sure you visit the resources section. Here you will find useful factsheets, apps, books, websites and other additional videos - all on one single topic!





This month's topic: School Transitions




"This is a particularly stressful period for both parents and children and it tends to get trivialised. Parents can often transfer their stress onto their child making transitioning unnecessarily more stressful."

Dr Michael Carr-Gregg

Support and Resources – Parent Resources

BRISBANE
STATE
HIGH
SCHOOL



Home Site Map Contact us

Enter a search term

Our school Enrolments Curriculum Extra-curricular Facilities Calendar and news Our community **Support and resources**

Home / Support and resources / Parent resources

Support and resources

> Forms and documents



> Student resources


> Parent resources

- Administration of medications in schools procedure
- Learning @ Home
- Learning Mentor Conversations
- Parent Information
- Parents as Partners
- Parent Teacher Interviews
- Payment
- QParents Portal
- SchoolTV
- Senior Success Conversations
- User Pays Scheme
- Whitelist school email addresses

> Student services and support programs


Parent resources




Administration of medications in schools procedure

Procedure for schools to safely administer medication to students while they are at school or school-related activities.




Learning @ Home

This handbook contains information to assist State High parents and guardians and their families while we are in an online learning mode.




Learning Mentor Conversations

Information regarding Year 10 Learning Mentor Conversations.




Parent Teacher Interviews

Book a parent-teacher interview online using the PTO Booking System.




Payment

Payment information for our Canteens, Uniform Shop and for printing.




SchoolTV

SchoolTV is a wellbeing online resource designed to connect, inform and empower parents.



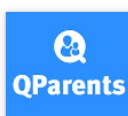
Parent Information

General parent information, including the Parent Information Handbook.




Parents as Partners

'Parents as Partners' resources from our Professional Learning Institute.



QParents Portal

Access your child's information online or through the mobile app.




Senior Success Conversations

Book a Senior Success Conversations appointment.



Parent Resources - Parents as Partners

BRISBANE
STATE
HIGH
SCHOOL



Home Site Map Contact us

Enter a search term


Our school Enrolments Curriculum Extra-curricular Facilities Calendar and news Our community Support and resources


Home > Support and resources > Parent resources > Parents as Partners

Parent resources

- Administration of medications in schools procedure
- Learning @ Home
- Learning Mentor Conversations
- Parent Information
- Parents as Partners**
- Parent Teacher Interviews
- Payment
- QParents Portal
- SchoolTV
- Senior Success Conversations
- User Pays Scheme
- Whitelist school email addresses

Parents as Partners



Watch on  YouTube

Share 1/18

Print Email

At Brisbane State High School, we are deeply committed to our goal of personal excellence for all students and acknowledge the critical role parents and guardians play in contributing to their child's education and success. We are pleased to design opportunities for our community to engage with leading educational and parenting experts. One of the great strengths of our school is the partnerships we develop. We trust you enjoy the resources below which have been purposefully and specifically designed to support you and your child's learning.

Showcase2022
Awards for Excellence in Schools

State Finalist

Dr Megan Sumeracki & Dr Cynthia Nebel, The Learning Scientists, USA



Dr Megan Sumeracki is an Assistant Professor of Psychology at Rhode Island College, USA. Megan is co-founder of The Learning Scientists, where she aims to increase the use of effective study and learning strategies backed by research.



Dr Cynthia Nebel is a Lecturer in the Leadership & Learning in Organizations Program at Vanderbilt University, USA. Cynthia has broad interests in human learning and memory and applying cognitive concepts to improve education.



Video Presentation with Dr Sumeracki and Dr Nebel (2021)

The video presentation from The Learning Scientists provide concrete tips and techniques for parents and guardians on how to help facilitate effective learning and study at home.

Ms Lisa Newland, Director, Sentis Education



With over 20 years of education experience in a variety of leadership roles, Lisa Newland has a strong passion for developing organisational learning cultures.

Twilight Presentation with Ms Newland (2022)

The resources from Ms Newland's presentation explore engagement in learning and apply psychological concepts and neuroscience to areas such as wellbeing, resilience and grit.

- ABR and Resilience Fact Sheet (PDF, 219 KB) and Video
- Locus of Control Fact Sheet (PDF, 724 KB) and Video
- Resilience and Locus of Control Fact Sheet (PDF, 298 KB)

2026 Parent as Partner Sessions



Effective Learning and Study Techniques to Support your Children



What App is that? Quality Use of iPad Apps at State High



Support, Learning and Growth for Your Children at State High



StudentNet Library: How to access our library resources



Belonging and Buoyancy at State High

Week 1 - A Successful Transition to State High (for Parents)

Connect with Friends - Help your child reach out and connect with a friend before school starts so they are ready to meet and look out for one another on the first Monday.

School Routines - Ask your child to help prepare and name their uniform and school resources. Talk with your child about what they are looking forward to doing at State High.

Public Transport / School Pick Up - Check the Translink information for updated schedules and ensure your child knows their home routine at the end of the school day.

Healthy Routines - Return to school routines including beginning the day with breakfast, having a good night's sleep and setting devices to do not disturb each evening. Help your child's sleep cycle fall back in sync with the school day, to improve learning and wellbeing health.

Celebrate their Transition and Learning - Help your child identify their personal growth, reflecting on their achievements during the first few days at State High.



Assistant Executive Principal

Ms Rebecca Nicholas

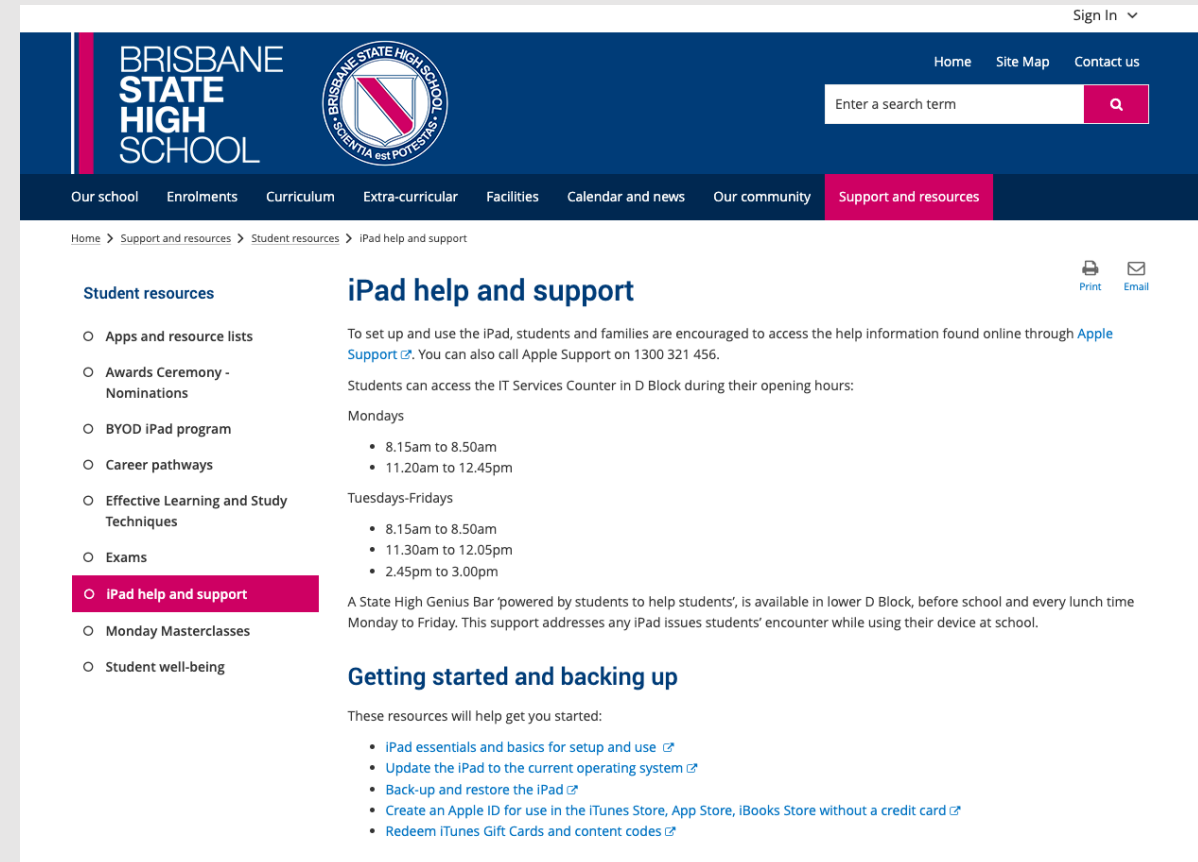
iPad Requirements

- iPad, iPad Air or iPad Pro (must be compatible with Apple Pencil)
- Apple Pencil
- Suitable case

The image shows two screenshots. The top screenshot is a web browser view of the Brisbane State High School website, specifically the 'BYOD iPad program' page. The page header includes the school's name and logo, a search bar, and navigation links. The main content area is titled 'BYOD iPad program' and includes a list of 'Student resources' with 'BYOD iPad program' selected. The text describes the program for Years 7 to 12, mentioning the 'BYOD Program Network User Policy (PDF, 308KB)' and 'Student Code of Conduct'. It states that students must have their iPad at school, charged, and have enough space for class work and apps. It also mentions that the school is an iPad school and that a laptop is not a suitable replacement. The 'Current requirements' section lists 'iPad, iPad Air or iPad Pro (must be compatible with Apple Pencil)' and 'Apple Pencil'. The bottom screenshot is a JB Hi-Fi Education portal page titled 'Welcome to Brisbane State High Schools BYOD Portal'. It features the school's logo and a secure lock icon. The page explains that the portal offers education-specific products at discounted prices, ranging from tablets to laptops, which are non-retail products. It also mentions that orders will be delivered to the nominated JB Hi-Fi store and that users will receive an email and SMS notification. The page includes a 'Questions?' section with a link to the 'support page' and a 'We accept:' section listing payment methods: iBPAY, Mastercard, VISA, AMERICAN EXPRESS, afterpay, and zip. A note at the bottom states: '* Afterpay is only available for orders up to \$3000'.

Setting up the Device

- Creating an Apple ID and iPad Essentials
- Make sure students have a 'Child account'
- Family Sharing
- Screen Time
- Parental Controls



The screenshot shows the Brisbane State High School website. The header includes the school's name, logo, and navigation links: Home, Site Map, Contact us, and a search bar. The main navigation bar lists: Our school, Enrolments, Curriculum, Extra-curricular, Facilities, Calendar and news, Our community, and Support and resources (highlighted in pink). The breadcrumb trail reads: Home > Support and resources > Student resources > iPad help and support. On the left, under 'Student resources', the 'iPad help and support' link is highlighted in pink. The main content area is titled 'iPad help and support' and includes a 'Print' and 'Email' icon. The text states: 'To set up and use the iPad, students and families are encouraged to access the help information found online through [Apple Support](#). You can also call Apple Support on 1300 321 456. Students can access the IT Services Counter in D Block during their opening hours: Mondays: 8.15am to 8.50am, 11.20am to 12.45pm; Tuesdays-Fridays: 8.15am to 8.50am, 11.30am to 12.05pm, 2.45pm to 3.00pm. A State High Genius Bar 'powered by students to help students', is available in lower D Block, before school and every lunch time Monday to Friday. This support addresses any iPad issues students' encounter while using their device at school.' Below this, the section 'Getting started and backing up' lists resources: iPad essentials and basics for setup and use, Update the iPad to the current operating system, Back-up and restore the iPad, Create an Apple ID for use in the iTunes Store, App Store, iBooks Store without a credit card, and Redeem iTunes Gift Cards and content codes.

IPAD FAMILIES GUIDE

Getting Ready for Learning

iPad offers children fun and exciting ways to interact, learn and create. You know your child best, so we've created a list of features to help your family stay safe and productive with iPad.

Tap on the family features below to find out more

Digital Safety



1 Set up parental controls

2 Decide who can talk to your child

3 Protect what your child sees and sends

4 Select apps and features to allow

5 Prevent explicit content

Support and Focus



6 Keep track of your child's iPad habits

7 Schedule time away from screens

8 Set daily time limits on apps

9 Protect your child's hearing

10 Minimise distractions at school and home

Manage from your iPhone



11 Manage your child's device

12 Approve what your child buys

13 Check your child is in a safe place

14 Get notified when your child arrives

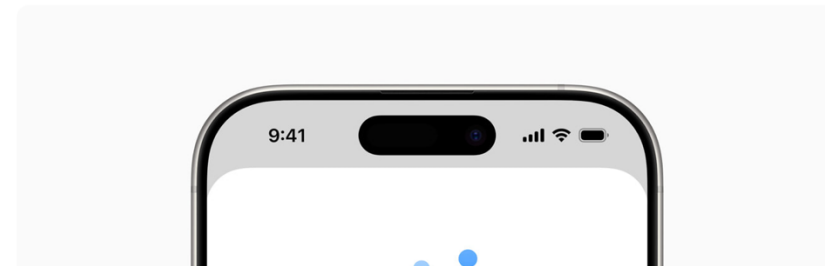
15 Share purchases and subscriptions

New Apple Tools To Protect Student's Online

UPDATE
12 June 2025

Apple expands tools to help parents protect kids and teens online

Including new ways to manage Child Accounts, the ability to share a child's age range to receive age-appropriate experiences within an app, updated age ratings on the App Store and more




Digital Resource List and Apps List

Online portal to order digital resources through Box of Books available on the school website.

The screenshot displays the Brisbane State High School website. The header features the school's name and logo on the left, and navigation links (Home, Site Map, Contact us) and a search bar on the right. A secondary navigation bar highlights 'Support and resources'. The breadcrumb trail indicates the current location: Home > Support and resources > Student resources > Apps and resource lists. On the left, a list of 'Student resources' includes 'Apps and resource lists' (highlighted), 'Awards Ceremony - Nominations', 'BYOD iPad program', 'Career pathways', 'Effective Learning and Study Techniques', 'Exams', 'iPad help and support', 'Monday Masterclasses', and 'Student well-being'. The main content area is titled 'Apps and resource lists' and contains a message: 'This page is currently being updated. Please refer back to this page in Week 10, 2023.' It also notes the page was 'Last reviewed 20 November 2023' and 'Last updated 20 November 2023'. Print and email icons are visible in the top right corner of the content area.

Sign In ▾

Home Site Map Contact us

Enter a search term 

Our school Enrolments Curriculum Extra-curricular Facilities Calendar and news Our community **Support and resources**

Home > Support and resources > Student resources > Apps and resource lists

Student resources



- Apps and resource lists**
- Awards Ceremony - Nominations
- BYOD iPad program
- Career pathways
- Effective Learning and Study Techniques
- Exams
- iPad help and support
- Monday Masterclasses
- Student well-being

Apps and resource lists

This page is currently being updated.

Please refer back to this page in Week 10, 2023.

Last reviewed 20 November 2023
Last updated 20 November 2023

 
Print Email

Digital Workflows in the Classroom



First Week of Year 7 and Digital Access

- All Year 7 students will not have access to their EQ email on the first day of school.
- EQ emails are provisioned by the Department. These will be provided to students in class as soon as we receive them.
- Communication provided to parents in Week 1 once the EQ email is ready.
- Students will not need access to wifi or any apps for the first week of learning.



- BSHS to be notified of absences via Compass app.
- Parent-Teacher Interviews will be booked through Compass, offering a choice of **Face-to-Face, Telephone, or Online meetings**.
- Parents and guardians will have access to the **BSHS Master Calendar** and **Assessment Calendars**.
- Students will have access to the Compass portal to view their **timetables, Assessment Calendars**, and any **room changes**.
- **Academic reports** will be published via Compass.

Key Dates coming up....

Year 7 First Day

Tuesday 27th January

Year 7 Parent Information

Date TBA – Term 1, Week 2

FURTHER QUESTIONS?

If you would like us to be in contact with you around any further questions you have, please complete this survey or feel free to wait behind.

